

## What is LEAD?

LEAD is a case management program that meets people where they are without the expectation or requirement of abstinence. The program uses a harm-reduction approach, which focuses on dignity, honesty, and providing a judgment free space.

You will have someone on 'your side' who has been there, a person who has experienced similar struggles and offers a kind word, rides to appointments, assistance navigating community resources and systems.

After joining LEAD, you may get help with immediate needs: a meal, place to sleep, or clean clothes. You can also build a relationship with your case manager to set goals to help with long-term challenges.

This includes getting help with needs that are difficult to manage alone, such as stable housing, medication, drug treatment, education, training, job opportunities, or other basic needs.

## For more information about LEAD services contact:



## OLYMPIC HEALTH & RECOVERY SERVICES

Phone: (360) 763-5800

Email: [TCLEAD@tmbho.org](mailto:TCLEAD@tmbho.org)

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Thurston County LEAD allows participants, neighborhoods, community services, police, and prosecutors to work together to ensure that individuals who have unmet needs because of substance use, mental health issues, and/or extreme poverty, receive the help they need to address the challenges they are facing. Being part of LEAD is voluntary and participants are supported in meeting their self-identified goals.

## Being referred to LEAD:

Some people are referred to LEAD by law enforcement, but many others are not. You may be referred to LEAD through a 'Social Contact Referral.' This means that people can refer someone at risk of getting a criminal charge due to substance use, and/or mental health concerns to the LEAD program. No matter the source of the referral, you receive the same services as other participants.



## After intake:

After you are referred, there is an intake meeting. During the intake your LEAD counselor will work with you to figure out your specific needs and what resources can best help you. You will then have a peer case manager assigned to work with you on your needs. You may need to sign a release of information allowing your peer case manager to share your information with others to help you connect to services.

Services may include:

- Food and/or clothing
- Connection to housing resources
- Finding a job or getting a GED
- Taking care of legal issues
- Reducing drug use
- Connections to Medications for Opioid Use Disorder
- Behavioral health treatment
- Enrolling in health insurance
- Taking care of medical issues
- Signing up for additional benefits (SSI, WIC, TANF, etc.)
- Obtaining an ID or Driver's License
- Substance use assessments

## Additional information on the intake process:

After the intake, your peer case manager will meet with you as soon as possible to gather more information on how to meet your needs and goals.

Your peer case manager will help you create and carry out a goal plan, and will work with community service providers, law enforcement/justice system partners, and others as needed to best help you meet your goals. Your peer is able to walk with you attending appointments and helping you along the way.

